



Government of the Northwest Territories - Industry, Tourism and Investment

# Northwest Territories Parks

· Naturally Spectacular ·

## Road Travel Checklist

You never know when or where your car may unexpectedly break down. Before setting out on any long distance trip, we recommend that you have with you an Emergency Kit AND a First Aid Kit. Consider including the following items in your kits:

### Emergency Kit:

- Antifreeze
- Blankets
- Candles
- CB radio
- Distilled water
- Fire extinguisher
- First-aid kit
- Flares or reflector triangles
- Flashlight
- Full gas can
- Ice Scraper
- Jumper cables
- Motor oil
- Non-perishable, high-calorie food
- Rope
- Shovel
- Traction mats, sand

### First Aid Kit:

- Antibiotic cream for cuts and burns
- Band-Aids
- Bug repellent
- Cotton swabs
- Copies of health insurance forms
- Gauze pads
- Lightweight blanket
- List of all medications, special diets, and allergies, along with your physician's name and phone number
- Pain killers
- Rolled Bandages for wrapping injuries
- Several large bandages
- Sterile wash towelettes
- Sunscreen
- Travel pillow for elevating head or feet
- Triangular cloth bandage

### Further Information:

[Summer and Winter Driving tips](#)

[Highway status report](#)

[Weather Conditions](#)